Antioch **High School**

**Capstone Project 2015-2016**

**Senior Capstone Reflection**

**Quarter 1**

Capstone students will complete reflection questions at the end of each nine-week grading period. Reflections will be submitted to the Capstone teacher and used as the basis for a conference to assess progress on the Capstone experience. **Reflections will then be included in the Capstone portfolio**.

Each response to a reflection question must:

* Be typed, double spaced in 12 point font
* **Be a minimum of five sentences**
* Clearly and completely respond to the question
* Reflect the student’s effort and progress

**Reflection Questions**

1. How do you feel you are progressing on your Capstone project?
2. What additional work do you think you need to do to successfully complete your Capstone project?
3. What problems or obstacles have you encountered, and how have you overcome them or how do you plan to address them?
4. What have you enjoyed so far in your Capstone experience?
5. What modifications have you had to make to your plan for your Capstone experience? Why were these changes necessary?
6. What new knowledge are you gaining as you progress in your Capstone experience?