**Antioch High School**

**Capstone Project 2015-2016**

**Brag Sheet**

Student name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Capstone teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Directions**: This brag sheet will aid you when you create a résumé as well as provide information for those writing letters of recommendation for you. Please answer **all** of the following in COMPLETE sentences, including DATES of events or activities, when applicable.

**Final responses should be typed**.

**1) What do you consider your academic strengths and weaknesses? Why?**

**2) What do you consider your personal strengths and weaknesses? Why?**

**3) What has been your most meaningful academic activity during high school? Why?**

**4) What has been your most meaningful out-of-school activity in high school (this includes traveling)? Why?**

**5) What are your career interests?**

**6) Discuss your personal interests, hobbies, and/or special abilities (such as certifications, etc).**

**7) List and describe in specific detail any extracurricular activities (including leadership roles, JROTC, and school organizations).**

**8) List and describe in specific detail any athletic activities (including leadership roles).**

**9) List and describe in specific detail any community service activities (including leadership roles).**

**10) List and describe in specific detail any awards or recognitions you have received.**

**11) List any employment experience. Please include location, contact information**

**(Name, address, phone number of supervisor), as well as a summary of on-the-job duties.**

**12) Please include anything else about yourself that wouldn’t be on a résumé and/or letter of recommendation. What is something else about you that you think is important for colleges or employers to know? Be detailed in your response.**